

What Can A Support Worker Help Me With?



At Empower Me NSW we ensure our Support Workers are patient and supportive and have the desire to help you live your best life by constantly encouraging and assisting you.

Our Support Workers will help you with:

- Design intricate care support plans that fulfil the participant's necessities
- Talking to the participant and listening to their issues and concerns
- Helping participants complete domestic duties like cooking, shopping, cleaning and running errands
- Tending to the participants important health needs
- Assist the participant in finding housing, courses/training programs and jobs
- Help participants partake in recreational activities
- Writing notes & keeping a logbook of daily interactions and progress