

Empower Me STA/Respite Service & Supports



- No matter your background, age or requirements, we can ensure you have a great experience during your stay.
- There's much to look forward to when you participate in our respite accommodation services.
- Relax in a comfortable, safe and fun environment — Know you're in safe hands and enjoy your time away.
- Our respite accommodation locations offer varying levels of accessibility and large living spaces and have staff available on-site 24/7.
- Hang out with support workers who are kind and understand different needs — Not only are our support workers highly trained and qualified, they take great care in building a positive relationship with all occupants and will make you feel right at home.
- Explore somewhere new away from home — From gorgeous beaches to breathtaking lakes, our respite accommodation locations deliver an unforgettable experience and memories that will last a lifetime.
- Meet and hang out with people that have similar interests — Our disability respite services give you a chance to get to know a different crowd and make new friends!
- Participate in new activities or fun events — Discover your new favourite hobby or passion during your stay. Our staff organise fun activities throughout the day to keep you busy.

Call Empower Me NSW to book your next STA/Respite!!